

# Instructions for Completing the Continuity of Care Request Form

- You must complete a separate Continuity of Care Request Form for each condition for which you or your dependents seek Continuity of Care benefits. Additional forms are available through the CIGNA HealthCare of California Web site, [www.cigna.com/health/consumer/medical/state/ca.html](http://www.cigna.com/health/consumer/medical/state/ca.html). You may use photocopies.
- Please answer all questions completely.
- Completed forms should be signed by the patient for whom Continuity of Care benefits have been requested. If the patient is a minor, a guardian must sign the form.
- To help ensure a timely review of your case, please return the form as soon as possible. **You must apply for Continuity of Care benefits within 30 days from your provider's termination date.** Completed forms should be marked "Confidential" and forwarded to the address below.

## Important Notes

**Questions 1-6:** If you answered "Yes" to any of these questions, or if you are submitting this Continuity of Care Request Form for any other non-mental health care services, please send the form to:

CIGNA Health Facilitation Care Center      FAX (800) 558-3710  
400 N. Brand Blvd., Suite 400  
Glendale, CA 91203

**Question 7:** If you answered "Yes" and are receiving mental health/substance abuse services, and your plan includes mental health/substance abuse coverage through CIGNA Behavioral Health of California, please forward this form to:

CIGNA Behavioral Health      FAX (818) 551-2722  
450 N. Brand Blvd., Suite 500  
Glendale, CA 91203

**Question 8:** Please include information about your current or proposed treatment plan and how long your treatment is expected to continue. If surgery has been planned, state the type and the proposed date of your surgery.

**Question 12:** Briefly state the health condition. When did it begin and what doctor is currently involved? How often do you see this doctor? Be as specific as possible.



## Your CIGNA HealthCare Continuity of Care Benefits



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# Your CIGNA HealthCare of California Continuity of Care Benefits

## Continuity of Care benefits are intended to provide coverage for members who meet all of the following criteria:

1. They have one of several specified medical conditions.
2. They require ongoing treatment for a certain period of time.
3. They are receiving services with providers (doctors, other health professionals, hospitals or other facilities) whose contractual relationship with CIGNA HealthCare is terminating.

If a member meets all of these criteria, CIGNA HealthCare will contact the terminated provider and attempt to arrange for the provision of covered services. If the provider does not agree to CIGNA HealthCare's contractual terms and conditions, CIGNA HealthCare may deny or only provide limited Continuity of Care benefits.

## How it Works

- To request Continuity of Care, you must submit a completed Continuity of Care Request Form within 30 days from your provider's contract termination date.
- You must already be receiving care for a qualifying medical condition by the terminated provider identified on the Continuity of Care Request Form.
- If Continuity of Care benefits are approved, you will receive the in-network level of benefits for treatment of the specific condition for either a specified timeframe or the duration of the condition.
- Approved benefits only apply to the treatment provided or ordered by the doctor identified on the Continuity of Care Request Form for the medical condition specified on the form.
- The availability of Continuity of Care benefits does not mean a treatment is covered, nor does it constitute pre-authorization of medical services to be provided. Benefit determinations and pre-authorizations must still be obtained during the pre-certification and case management process.
- All benefits are subject to the provisions of the plan.
- You will be responsible for the cost of any services rendered by any terminated provider unless they are approved by CIGNA HealthCare for Continuity of Care benefits.

## Medical conditions and other situations that may qualify for Continuity of Care benefits include:

- An **acute condition**, for the length of the acute condition. An "acute condition" is defined as a medical condition that involves a sudden onset of

symptoms due to an illness, injury or other medical problem that requires prompt medical attention and that has a limited duration.

- A **serious chronic condition**, for a period needed to complete a course of treatment and to arrange for a safe transfer to another provider, as determined by CIGNA HealthCare in consultation with the enrollee and treating provider, consistent with good professional practice. This period shall not exceed 12 months from the provider's contract termination date. A "serious chronic condition" is a medical condition due to a disease, illness, or other medical problem or medical disorder that is serious in nature and:
  - persists without full cure;
  - worsens over an extended period of time; or
  - requires ongoing treatment to maintain remission or prevent deterioration.

- A **pregnancy**, for the length of the pregnancy (three trimesters) and the immediate postpartum period.
- A **terminal illness**, for the length of the terminal illness. A "terminal illness" is an incurable or irreversible condition that has a high probability of causing death within one year or less.
- **Care of a newborn child whose age is between birth and age 36 months**, regardless of whether the child is undergoing an active course of treatment, for a period not to exceed 12 months.
- **Performance of surgery or other procedure that has been authorized by the plan**, as part of a documented course of treatment that is to occur within 180 days of the provider's contract termination date.

## If I am approved for Continuity of Care benefits for one illness, can I receive in-network benefit payments for a non-related condition?

In-network benefit levels provided as part of Continuity of Care benefits are for the specific illness/condition only and cannot be applied to another illness/condition. You must complete a Continuity of Care Request Form for each unrelated illness/condition no later than 30 days after the provider's termination date.

# CIGNA HealthCare Continuity of Care Request Form

**\*\*\*ATTENTION: You may not need to complete this form\*\*\***

- Please complete this form only if you are utilizing a non-participating provider. Please check your CIGNA HealthCare provider directory or check the CIGNA HealthCare Web site ([www.cigna.com](http://www.cigna.com)) to verify if your provider is in the CIGNA HealthCare network.

- See reverse for instructions to complete this Continuity of Care Request Form.
- Use separate form for each condition. Photocopies of this form are acceptable. Attach additional information if necessary.



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|                |          |  |                              |  |
|----------------|----------|--|------------------------------|--|
| Employer       | Policy # | Date of Enrollment in CIGNA HealthCare Benefit Plan (mm/dd/yyyy) |                              |  |
| Employee Name  |          | Employee Social Security #                                       | Work Phone                   |  |
| Home Address   | Street   | City   | State                        | Zip  |
| Patient's Name |          | Patient's Soc. Sec. #  | Patient's D O B (mm/dd/yyyy) | Relationship to Employee<br><input type="checkbox"/> Spouse <input type="checkbox"/> Dependent <input type="checkbox"/> Self |

1. Is the patient pregnant?  Yes  No
2. If yes, when is the due date? \_\_\_\_\_ (mm/dd/yyyy)  Yes  No
3. Is the patient currently receiving treatment for any acute conditions or trauma?  Yes  No
4. Is the patient scheduled for surgery or hospitalization after the effective date with CIGNA HealthCare?  Yes  No
5. Is the patient involved in a course of Chemotherapy, Radiation Therapy, Cancer Therapy or a candidate for Organ Transplant?  Yes  No
6. Is the patient receiving treatment as a result of a recent major surgery?  Yes  No
7. Is the patient receiving mental health/substance abuse care?  Yes  No
8. Is the patient receiving care for a terminal illness?  Yes  No
9. If you did not answer "Yes" to any of the above questions, please describe the condition for which the patient requests Continuity of Care.

10. Please complete the physician information request below.

|  |                              |                          |
|--|------------------------------|--------------------------|
| Group Practice Name                                |                              |                          |
| Physician's Name                                   |                              | Telephone # of Physician |
| Physician's Specialty                              |                              |                          |
| Address of Physician                               |                              |                          |
| Name of Hospital at Which Your Physician Practices |                              | Telephone # of Hospital  |
| Address of Hospital                                |                              |                          |
| Reason/Diagnosis                                   |                              |                          |
| Date(s) of Admission (mm/dd/yyyy)                  | Date of Surgery (mm/dd/yyyy) | Type of Surgery          |
| Treatment Being Received and Expected Duration     |                              |                          |

11. Is this patient expected to be in the hospital when or after coverage with CIGNA HealthCare begins?  Yes  No
12. Please list any other continuing care needs that may qualify for Continuity of Care benefits. If these needs are not related to the condition for which you are applying for Continuity of Care benefits, you must complete a separate Continuity of Care Form.

I hereby authorize the above physician to provide CIGNA HealthCare or any affiliated CIGNA company with any and all information and medical records necessary to make an informed decision concerning my request for Continuity of Care Benefits under CIGNA HealthCare. I understand I am entitled to a copy of this authorization form.

|  |                   |
|--|-------------------|
| Signature of Patient, Parent or Guardian | Date (mm/dd/yyyy) |
|--|-------------------|

▼ Detach Continuity of Care Request Form here. ▼